

Khidmate Khalq:

What Will You Do?



Scenario 1

- Sambreen, a recent convert, married Salman, who comes from an Ahmadi Muslim family. After the marriage, she reports experiencing ongoing physical, emotional, and financial abuse. Although Salman had promised independent living arrangements, she has been residing with her in-laws. She also reports financial strain, as Salman sends a large portion of his income to support his siblings abroad.
- Sambreen raised concerns with the local Lajna Sadr regarding Salman's behavior, including frequent casino visits and incidents where he allegedly abandoned her outside these locations. An incident of physical abuse led Sambreen to contact the police, resulting in Salman's arrest on felony charges. She later filed a complaint against her father-in-law, who was arrested on a misdemeanor charge for allegedly hitting her. In response, her mother-in-law accused Sambreen of elder abuse, leading to a warrant for Sambreen's arrest. Sambreen voluntarily surrendered, was released the same day, and is awaiting an upcoming court hearing.
- Mediated discussion involving Sambreen, Salman, Local Sadr Sahiba and the Islahi Committee have been ongoing but did not result in resolution, as both parties blamed each other.



What will you do?

Scenario 2

- Hafeeza is a 30-year-old divorced Lajna member who left her education early due to family encouragement and later endured significant physical abuse during her marriage. After her divorce, she relocated to another state and now lives independently, though without any kind of support from her parents. With help from extended family, she secured housing and has since worked various healthcare jobs; however, the physical strain has worsened her prior injuries. She is currently working as a substitute teacher, but her income is not enough to meet her basic needs.
- Over the past five months, Hafeeza financial assistance from Lajna and the Jamaat, yet she continues to face financial instability and seeks ongoing support and guidance.
- Hafeeza requires a more sustainable, long-term support plan that goes beyond temporary financial aid. This includes stable employment suited to her physical limitations, potential educational or vocational advancement, emotional support, and structured financial planning to help her achieve independence.

What will you do?



Proposed Support Approach

- **Engage Local Leadership**

Approach the Local Jamaat Sadr and the Local Amooore Amma Secretary to ensure the matter is addressed through proper channels with coordination and oversight.

- **Facilitate a Meeting**

Arrange a structured meeting with the individual and, where appropriate, relevant family members to better understand the situation and explore possible solutions.

- **Encourage Reconciliation**

Make reasonable efforts to mediate and reconcile differences between the individual and her family, while prioritizing her safety, dignity, and well-being.

- **Escalate if Needed**

If a resolution cannot be reached at the local level, seek guidance from the Respected National Sadr Sahiba for further direction.

- **Utilize Community Resources**

Refer to the local resource directory to connect the member with appropriate services, including financial assistance programs, employment support, healthcare services, and counseling resources

Some Do's & Don'ts

Do's

- **Listen actively and without judgment**
Respect the decision of the individual
- **Maintain confidentiality**
Reassure the individual
- Offer alternative support options
- Provide resource information
Share contacts such as the National Domestic Violence Hotline and local shelters or advocacy services.
- Encourage safety planning
- Support independence
- Encourage spiritual and emotional support
- Check in regularly



Do's



Don'ts

Don'ts

- Do not blame or question the individual's decisions
Avoid asking questions that imply fault or judgment.
- Do not show frustration or disbelief
- Do not break confidentiality
Only share information when necessary for safety or required by law.
- Do not minimize the abuse
Avoid statements that downplay the individual's experience.
- Do not confront the abuser directly
This can increase risk to the Lajna member.
- Do not make promises that cannot be kept
- Do not take control away from the individual
Avoid making decisions on behalf of the Lajna member—focus on empowerment.

Resources

Immediate Help

- Call **911** if in immediate danger
- Confidential support available 24/7

National Hotlines

- National Domestic Violence Hotline
 - 1-800-799-7233 | Text: START to 88788 | Chat: thehotline.org

Additional Resources

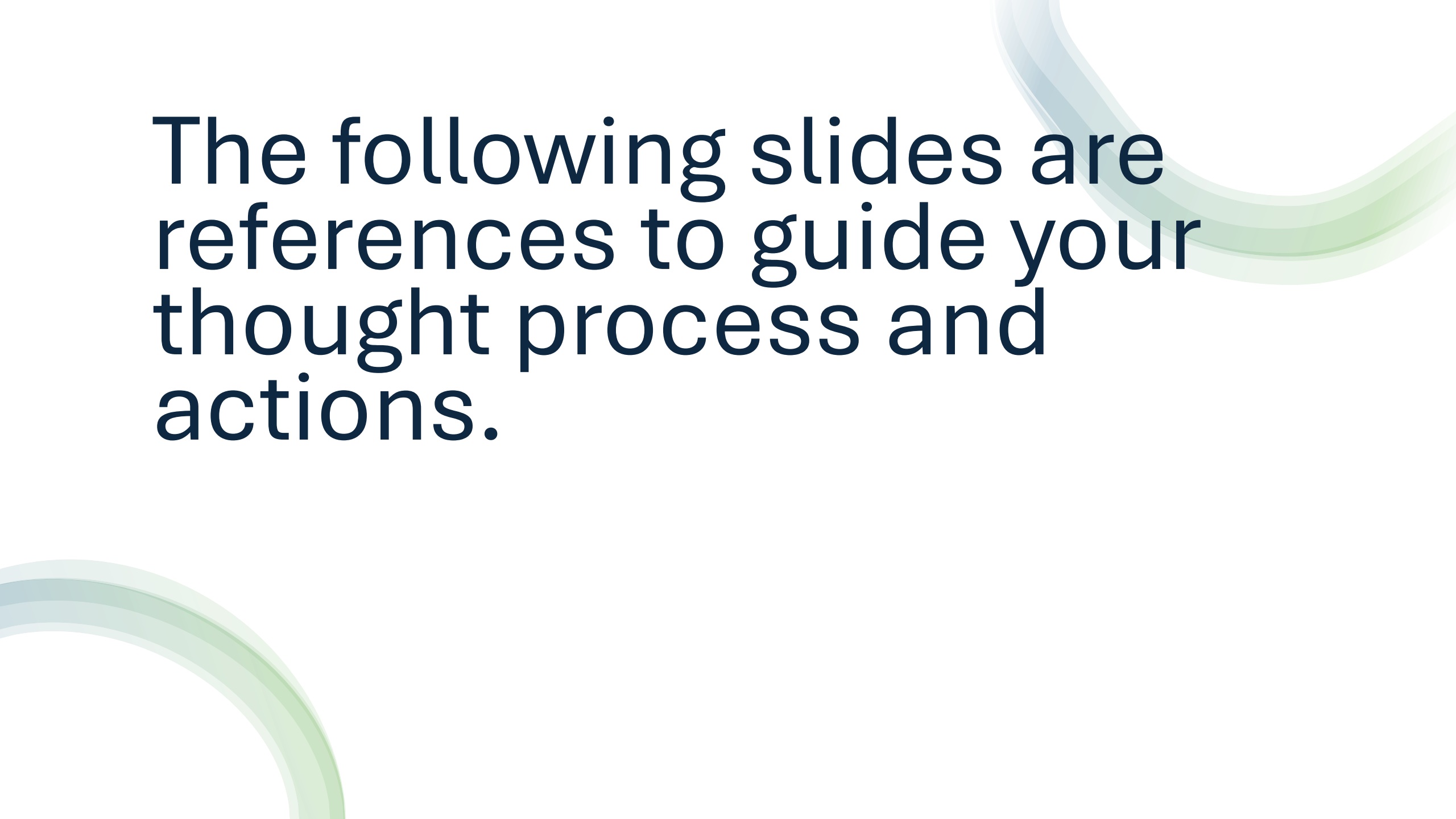
- National Coalition Against Domestic Violence
- Office on Violence Against Women
- Victim Connect Resource Center

Mental Health

- 988 Suicide & Crisis Lifeline
 - Call/Text **988**

Key Message:

Help is free, confidential, and available anytime. You are not alone.



The following slides are references to guide your thought process and actions.

Holy Quran

- وَيُطْعَمُونَ الطَّعَامَ عَلَى حُبِّهِ مِسْكِينًا وَيَتِيمًا وَأَسِيرًا ﴿٩﴾

And they feed, for love of Him, the poor, the orphan and the prisoner (76:9)

- وَاعْبُدُوا اللَّهَ وَلَا تُشْرِكُوا بِهِ شَيْئًا وَبِالْوَالِدَيْنِ إِحْسَانًا وَبِذِي الْقُرْبَىٰ وَالْيَتَامَىٰ وَالْمَسْكِينِ وَالْجَارِ ذِي الْقُرْبَىٰ وَالْجَارِ الْجُنُبِ وَالصَّاحِبِ بِالْجَنبِ وَابْنِ الْأَسْبَابِ وَالْبُرِّ وَالْيَتَامَىٰ وَالْمَسْكِينِ وَابْنِ السَّبِيلِ ۗ وَمَا مَلَكَتْ أَيْمَانُكُمْ ۗ إِنَّ اللَّهَ لَا يُحِبُّ مَن كَانَ مُخْتَالًا فَخُورًا ﴿٣٧﴾

And worship Allah and associate naught with Him, and *show* kindness to parents, and to kindred, and orphans, and the needy, and to the neighbor who is a kinsman and the neighbor who is a stranger, and the companion by *your* side, and the wayfarer, and those whom your right hands possess. Surely, Allah loves not the arrogant *and* the boastful;(4:37)

Holy Quran

يَا أَيُّهَا النَّاسُ اتَّقُوا رَبَّكُمُ الَّذِي خَلَقَكُمْ مِنْ نَفْسٍ وَاحِدَةٍ وَخَلَقَ مِنْهَا زَوْجَهَا وَبَثَّ مِنْهُمَا رِجَالًا كَثِيرًا
وَّنِسَاءً ۗ وَاتَّقُوا اللَّهَ الَّذِي تَسَاءَلُونَ بِهِ وَالْأَرْحَامَ ۗ إِنَّ اللَّهَ كَانَ عَلَيْكُمْ رَقِيبًا

O ye people! fear your Lord, Who created you from a single soul and of its *kind* created its mate, and from them twain spread many men and women; and fear Allah, in Whose name you appeal to one another, and *fear Him particularly respecting* ties of kinship. Verily, Allah watches over you(4:2).

Holy Quran

يَا أَيُّهَا الَّذِينَ آمَنُوا لَا يَحِلُّ لَكُمْ أَنْ تَرِثُوا النِّسَاءَ كَرِهًا ۗ وَلَا تَعْضُلُوهُنَّ لِتَذَهَبُوا بِبَعْضِ مَا آتَيْتُمُوهُنَّ إِلَّا أَنْ يَأْتِيَنَّ بِفَاحِشَةٍ مُّبِينَةٍ ۗ وَعَاشِرُوهُنَّ بِالْمَعْرُوفِ ۗ فَإِنْ كَرِهْتُمُوهُنَّ فَعَسَىٰ أَنْ تَكْرَهُوا شَيْئًا وَيجعلَ اللهُ فِيهِ خَيْرًا كَثِيرًا ﴿٢٠﴾

O ye who believe, it is not lawful for you to inherit women against their will; nor should you detain them *wrongfully* that you may take away part of that which you have given them, except that they be guilty of a flagrant impropriety, and consort with them in kindness, and if you dislike them, it may be that you dislike a thing wherein Allah has placed much good(4:20)

Hadith

Prophet Muhammad (PBUH) says “Shall I tell you something that will make your palaces in Paradise higher and that would raise you in degrees.” They said “Yes.” He replied

“To be forgiving and to control one’s self in the face of someone who provokes you. To forgive a person who was unfair or unjust to you, to give someone in need who did not give you when you were in need and to keep contact with someone even though they did not reciprocate it.” [Al Tabarani]

Hadith

The Holy Prophet (ﷺ) advised husbands and wives to find good in each other. He said, if you find faults in each other, or do not like some habits, you may like some other of their habits that you will admire. Adopting selflessness, those good things should be kept in mind to keep a friendly and reconciliatory atmosphere at home. This advice is for both husband and wife. If both keep control on their emotions, then those petty small fights, which are always happening in the homes will stop and children will not be distressed. Sometimes these petty matters become very painful, and one is left wondering if there are some people in this world who are worse than animals.

(Sahih Muslim, Book of Virtues)

ACCORDING TO PROMISED MESSIAH (AS)

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Fourth Condition of Bai'at

“That under the impulse of any passions, he/she shall cause no harm whatsoever to the creatures of God in general and Muslims in particular, neither by his/her tongue, hands, nor any other means.”

Huzoor's(aba) Guidance

“God commands us to suppress our anger, treat others with courtesy, not be obstinate about our mistakes and try and pay the dues of mankind. In fact the Promised Messiah(on whom be peace) even said that a person who does not pay the dues of man, does not show courtesy as commanded by God will also not be paying the dues of God and his worship will be only pretense as it would not have brought about any good change in him, would not have instilled any humility in him.”

(Friday Sermon; October 10th, 2014)

