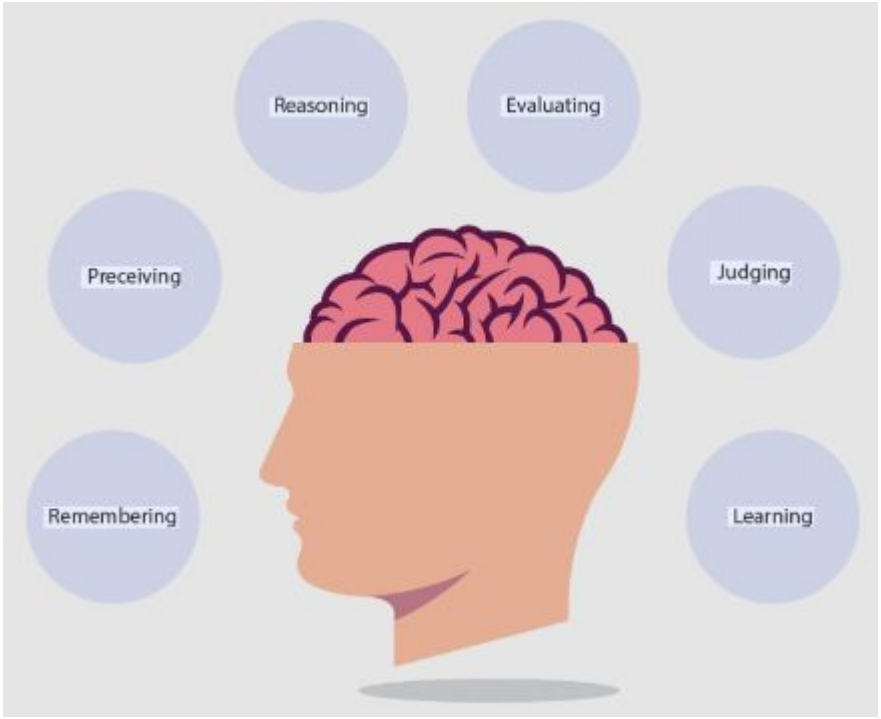
LIVING WITH AI

A Pragmatic guide to using AI with Knowledge, Responsibility & Awareness

National Lajna Ima'illah Ijtema 2026

Aziza Faruqi



Change Happens Faster Than We Think



1900 – Spot the Car!



1913 – Spot the Horse!

YOUR TURN

How many times have you used AI today (not including ChatGPT)?

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You are already using AI without realizing it

- Face ID / photo recognition 👤
- Google Maps / Waze 🚗
- Email 📧
- Text Messaging



- Siri / Alexa / voice assistants 🎤
- Amazon & online shopping 🛒
- Social-media feeds 📲
- Autocorrect & predictive text ⌨️

In Less Than 4 Years...

1.2 BILLION

weekly ChatGPT users

From 100M users in early 2023

FROM CHATBOT → AGENT

Writes • Sees • Hears • Reasons

Researches • Uses tools • Takes action

$1 TRILLION+

AI investment in 2026

Infrastructure • chips • data centers • energy

AI SCALE KEEPS ACCELERATING

Frontier training compute

historically ~4× per year

Adoption • Capability • Investment • Scale — all accelerating at once

Sources: OpenAI DevDay 2026 • Epoch AI scaling research • 2026 AI infrastructure investment estimates

AI can amplify what humans can do

SAVE TIME

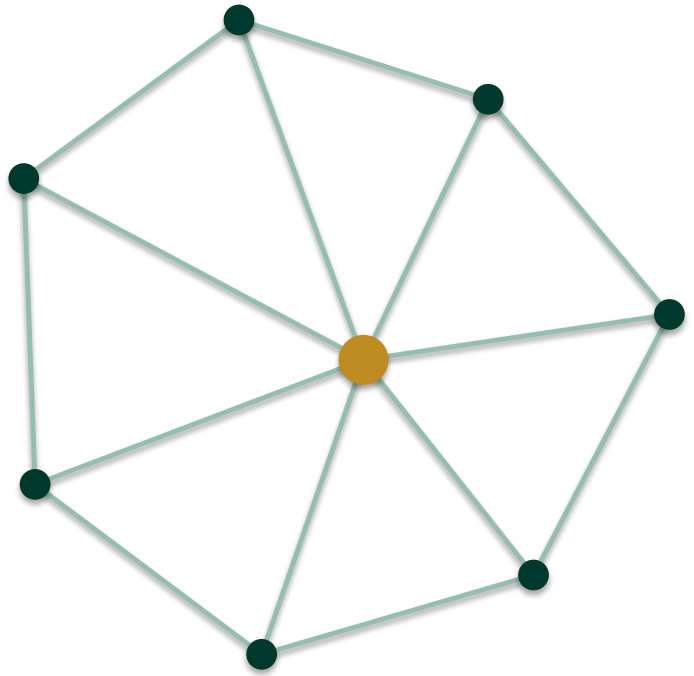
Draft, summarize, organize and automate routine work and shorten creativity cycle.

EXPAND ACCESS

Translate, tutor and make information more accessible.

ACCELERATE DISCOVERY

Help researchers detect patterns and explore possibilities.



There Is an AI Assistant for Almost Everything

🧠GENERAL PURPOSE
ChatGPT • Claude • Gemini • Microsoft Copilot

🔎 RESEARCH
Perplexity • ChatGPT • Claude• Gemini Notebook

✍️ WRITING
ChatGPT • Claude • Grammarly • Jasper • Copy.ai

🎨 CREATING IMAGES
ChatGPT Images • Midjourney • Adobe Firefly • Ideogram • Gemini

🎤 AUDIO
ElevenLabs • Murf • Descript

📚 LEARNING
ChatGPT • Claude • Gemini • Khanmigo

You don't need to learn them all. Start with one good general-purpose AI assistant and learn to use it well.

YOUR TURN

Which Gen AI Assistant do you mostly use?

Vote on Menti.com

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YOUR TURN

What do you most often use Gen AI for?

Vote on Menti.com

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How to Get a Better Answer from AI Assistant

Tell AI what you really need

1. WHAT
What do you want AI to do?
Plan • Write • Explain • Compare

2. CONTEXT
What does AI need to know?
Situation • Needs • Limitations

3. FOR WHOM
Who is it for?
Children • Family • Lajna • Work

4. HOW
How do you want the answer?
Short • List • Table • Formal

Instead of:

"Give me ideas for a children's program."

Try:

"Give me 5 interactive activities for a 30-minute program for girls ages 10–12 about kindness and serving others. Make them fun, inexpensive, suitable for a Lajna setting, and present them in a simple table."

The more useful context you give AI, the more useful its answer becomes.

And remember: you don't have to get the prompt perfect the first time.

"Make it shorter." • "Give me 3 more ideas." • "Try something different." • "Ask me questions first."

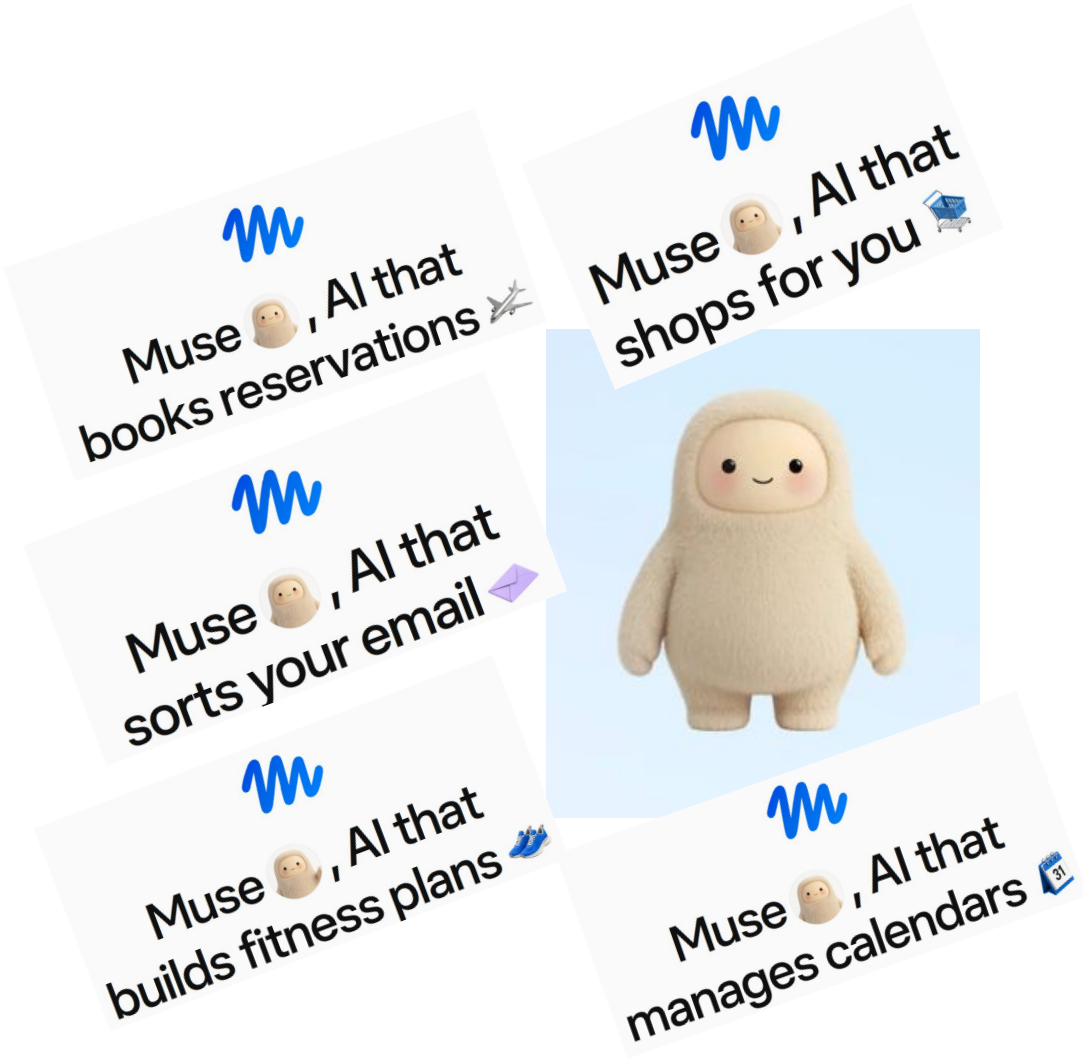
Do you know who this is?



From AI Assistant □ AI Agent

AI Assistant: “Here’s how you can do it.”
AI Agent: “I’ll do it for you.”

…Just give me all your passwords, your SS#, your birthday, your mother’s maiden name, your bank account numbers, your credit cards, all your subscription accounts and … keys to your house please!



Promise and Pitfall

THE PROMISE

What AI can enable

- Faster access to knowledge
- Personalized learning
- Healthcare & discovery
- Accessibility & productivity

THE PITFALL

What requires caution

- Hallucinations & bias
- Privacy & surveillance
- Deepfakes & manipulation
- Dependence & loss of skills

From personal risk to global responsibility

ME

Privacy
Scams
Misinformation
Overdependence

FAMILY

Children
Education
AI companions
Critical thinking

HUMANITY

Jobs & inequality
Environment
Autonomous weapons
Loss of control

YOUR TURN

What concerns you most about AI?

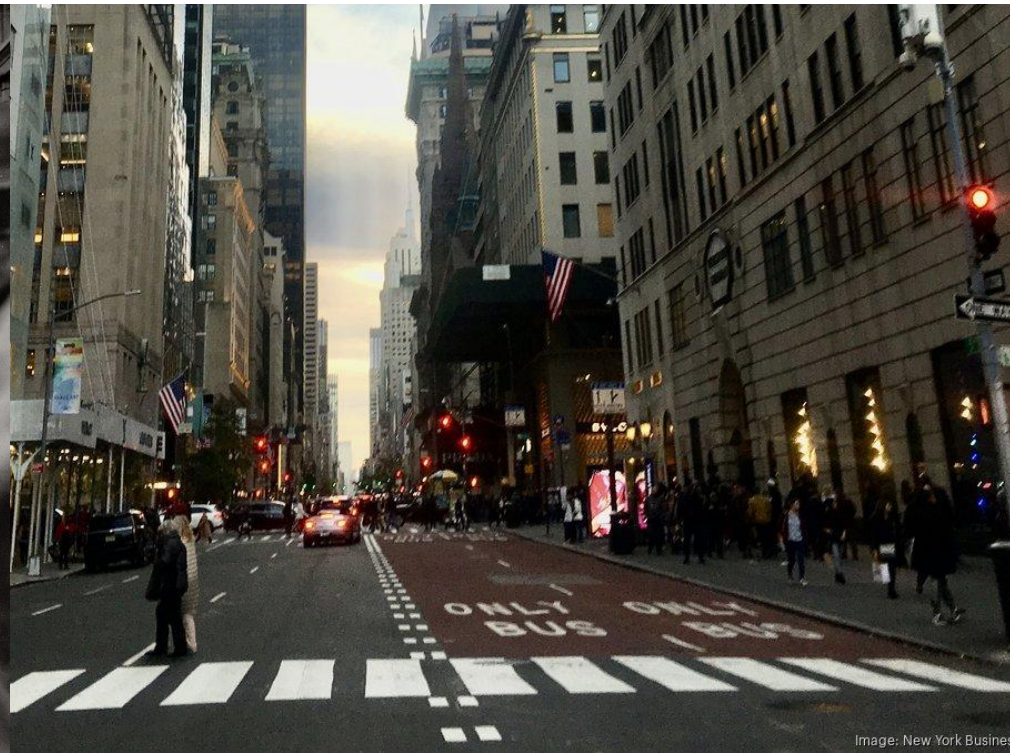
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From Chaos to Order



1913 – Fifth Avenue



Today – Fifth Avenue

YOUR FINAL REFLECTION

I will use AI to _____,
but I will never let AI _____.

The future isn’t AI versus humanity.
It’s what humanity chooses to do with AI.



AI MADE SIMPLE

Learn • Use • Stay Safe

01	START HERE **What is AI?**	Be Connected • Beginner-friendly guide	↗
02	FOR PARENTS **AI and Your Children**	Common Sense Media • Practical family guidance	↗
03	WATCH & LEARN **Short Videos & Tips**	Common Sense Media • Easy explanations	↗
04	AVOID SCAMS **Spot Fake Emergency Calls**	FTC • Protect yourself and loved ones	↗
05	SCHOOL & LEARNING **Help Children Use AI Wisely**	Common Sense Media • Learning, not shortcuts	↗

Click a resource title to open its website • You do not need to be an expert to use AI wisely.