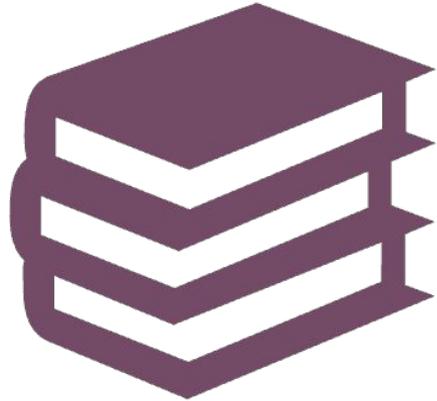




UMOORE TALIBAAT PROGRAM 2025 - 2027

Lajna Mentoring Conference 2025
National Umoore Talibaat Secretary
Dr. Aziza Rahman

UMOORE TALIBAAT DEPT



What is Umoore Talibaat Dept.

- Umoore Talibaat translates to Student Affairs.
- The basic aim is to provide support to Lajna students in their academic path at any level.
- Includes 2 areas of responsibilities:
 - Academic assistance
 - Strengthening tarbiyyat

Who is part of Umoore Talibaat?

- Anyone who is enrolled in course of study.
- High school, college, university and grad school students

LOCAL UMOORE TALIBAAT SECRETARY

Academic excellence

- Achieve academic excellence.
- Guidance for higher education, college, careers.
- Help/guide newly arrived families in education
- Updated Tajneed record
- Lajna Student Data survey 2024-2026
- AMWSA

Strengthening tarbiyyat

- Conduct at least one meeting/activity/outing each quarter
 - Use program topics to encourage open discussion of issues
 - Promote friendship, sisterhood, connections
 - Get to know your students; keep in touch wherever they are.
 - Make it fun!
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OVERVIEW OF PROGRAM TOPICS

- **The Need for Jihad** : self-reformation, improving spiritual and secular life.
“11 Steps to achieving your tarbiyyat goals” from *Way of the Seekers* by Hazrat Khalifatul Masih II^{ra}
 - **Establishing an Ahmadi Muslim identity** : worship, Salat, increasing religious knowledge and practice
 - **Finding the right path** : career fairs, career discussion with professional, Salam initiative
 - **Discovering God** : connection with God, acceptance of prayer, *10 Proofs of the Existence of God*, atheism, agnosticism.
 - **Building resilience** : addressing weaknesses, strategies for self-improvement, procrastination, stress
 - **Combating challenges** : mental health, peer pressure, social media, modesty.
 - **Learn to let go** : zikre Illahi, *Remembrance of Allah*, worldly sacrifices, financial sacrifice
 - **Finding Peace in Chaos** : maintain connection with Jama'at, academic support systems, relationships.
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BRIEF SUMMARY OF HAZRAT KHALIFATUL MASIH II (RA)'S ADVICE FOR STRENGTHENING ONE'S WILL. (WAY OF THE SEEKERS)

Let the external conduct be put in accord, even artificially, with what is desired internally, thus inducing a corresponding inner reaction.

Concentrate attention on the virtue you want to acquire.

Constant exercise of will power – tonic composed of 14 verses of Holy Qur'an

Launch an all-out attack on the very first day against the fault that has to be removed.

Cultivate the habit of practicing the virtue which one is seeking to acquire; and cultivate the opposite of that which one seeks to discard

Cultivate the habit of reflection and avoid haste.

Deliberate on all the pros and cons systematically so that a complete picture is impressed upon the mind.

Give up something lawful and desirable voluntarily to cultivate a habit of acting against one's wishes.

Examine one's own ego repeatedly.

Aim high and do not be content with anything less.

Recourse to prayer



REPORTING

1. Monthly Lajna report
 2. Send report directly to National Umoore Talibaat Secretary umooretalibaat@lajnausa.net
 - Khidmate khalq and tabligh activities
 - Any outing or social activity
 3. Report AMWSA activities to AMWSA National President amwsapresident@laajnausa.net
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QUESTIONS, CONCERNS, SUGGESTIONS?

Contact: umooretalibaat@lajnausa.net

JazakumAllah!
